

IF-THEN

Component: Learning to Learn

ILO: To create a positive atmosphere to aid concentration

TOOL

This is a planning tool to help make habits stick. It is about positively naming what you will do if something happens. This is also a useful critical thinking exercise.

ACTIVITY

1. Set up a list of scenarios related to your module. For example, in Music Theory - IF I need to build a triad THEN... Or in Music Business - IF a band doesn't have a business plan THEN... Explain the importance of discussing answers/options when faced with a scenario.
2. Put students into groups and ask them to discuss and come up with the best answer.
3. Hold a plenary to discuss responses.
4. Now ask students to consider how this could apply to them in the module and in their learning, explaining the importance of thinking through scenarios they may need to plan for. For example, IF I feel overwhelmed with my study THEN I will plan my time; or IF I am distracted from completing my assignment THEN I will book a tutorial for support.

You may now wish to use the module scenarios, used in step 1, to lead into another learning activity.

HOW

By demonstrating how If-When can be used in considering vocational processes it demonstrates the worth of using this tool in other parts of our lives to set habits for positive behaviour.

LARGE GROUP TEACHING

With large groups, you can either run this as a solo activity and then put students into groups to discuss/adjust their decisions or you could have small-group discussions which contribute to a whole-group activity of generating one answer for the module scenarios.

SUCCESS

Students identify problems they are facing and try to come up with solutions rather than ignoring them.

REFERENCES

<https://www.buildinglearningpower.com/2019/05/making-goals-work/>

This TLA is adapted from the Building Learning Power website